

“The Tanglewood Pickleball Crawl”

By The Tanglewood Pickleball Club, Sebring, Florida



I was driving thru Florida on a January day
At a time hot enough to make the “pickle-ballers’ play
I saw a homemade sign written in red
Tanglewood Pickleball Festival ahead
Well, I wasn’t in a hurry so I slowed down
Took a two lane road to a one horse town
There was a party going on when I got there
I heard a welcome screech from a pickleball player

*Chorus: He said we got a hundred paddles lined up on the wall
Made for the biggest tournament of all
Help yourself to one, but obey the law
If you play do it right and do the pickleball crawl*

When the band started playing the pickleball queen said
Let me show you something that you ain't never seen
She grabbed me by the arm said come on let's go
She dipped down spun around and served the ball low
She rocked back on her heels dropped down to her knees
Crawled across the floor then she jumped back on her feet
She wiggled and she giggled beat all you ever saw
Said this is how you do the pickleball crawl

She said we got a hundred paddles lined up on the wall
Made for the biggest tournament of all
Help yourself to some, but obey the law
If you play, do it right and do the pickleball crawl
She rocked back on her heels... dropped down to her knees
Crawled across the floor then.... she jumped back on her feet
She wiggled and she giggled, beat all you ever saw
Said this is how you do the pickleball crawl

Well if your ever down in Florida on a January day
If you ain't in a hurry then you gotta stop and play
I can guarantee that you're gonna have a ball
Learning how to do the pickleball crawl

Repeat Chorus *Have fun you all! Do the pickleball crawl (4 x's)!*

The Tanglewood Pickleball Club is located in Sebring, FL. The Club has four state-of-the-art Pickleball courts built in a manufactured community of approximately eleven hundred homes and has excellent facilities for RVers. *'Own a home or park your RV in one of the best communities in South Central Florida and play pickleball with great people.'*



The You Tube Video: The Tanglewood Pickleball Crawl

The Dance

Description: 40-count, 4-wall, line dance
Choreographer: Sue Lipscomb
Music: "Watermelon Crawl" by Tracy Byrd

Count Steps

R SUGAR FOOT, SHUFFLE R

- 1 Touch right toe to left toe (toe pointed inward)
- 2 Touch right heel to left toe (toe pointed out)
- 3&4 Shuffle in-place right

L SUGAR FOOT, SHUFFLE L

- 5,6 Touch left toe to right toe, touch left heel to right toe
- 7&8 Shuffle in-place left

CHARLESTON X 2 WITH CLAP

- 9,10 Step forward right, kick forward left & clap at same time
- 11,12 Step back left, touch right toe back
- 13,14 Step forward right, kick forward left & clap at same time
- 15,16 Step back left, touch right toe together

VINE R, KICK L WITH CLAP

- 17,18 Side step right, step left behind right
- 19,20 Side step right, kick left with clap

VINE L AND 1/4 TURN L, TOUCH R WITH CLAP

- 21,22 Side step left, step right behind left
- 23,24 Face 1/4 turn left and step left, touch together right with clap

STEP R, SLIDE L TOGETHER, CLAP

- 25 Step diagonally forward right
- 26,27 Slide left together for 2 counts
- 28 Clap

BACK L, SLIDE R TOGETHER, CLAP

- 29 Step diagonally back left
- 30,31 Slide right together for 2 counts
- 32 Clap

ALTERNATING HEEL RAISES WITH HIP MOVEMENT

- 33 Drop right heel - lift left heel with knee bent and push hips right - cross left knee over right
- 34 Drop left heel - lift right heel with knee bent and push hips left - cross right knee over left
- 35,36 Repeat steps 33 and 34

STEP R, 1/2 PIVOT L, STEP R, 1/2 PIVOT L

- 37,38 Step forward right, 1/2 turn left
- 39,40 Step forward right, 1/2 turn left

BEGIN AGAIN